

# *Idalys Ortiz: First Lima, then Tokyo*

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Havana, July 11 (RHC) – 29-year old Cuban Judo Olympic Champion in London England in 2012, Idalys Ortiz, claims today she has set her mind on winning a gold medal in the upcoming Pan-Am games in Lima, Peru.

Ortiz says Continental Judo competitions are now more demanding than they were in the recent past, due to the increasing number of world-class young athletes that are stepping onto the international circuit, and she states that a clear example of said improvement can be found in the results of last Pan-Am games edition in Toronto in 2015.

The silver medalist in the Summer Olympics in Rio 2016, has been having a terrific year, winning 4 international titles so far, which boosts her confidence in the results of the regional event.

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