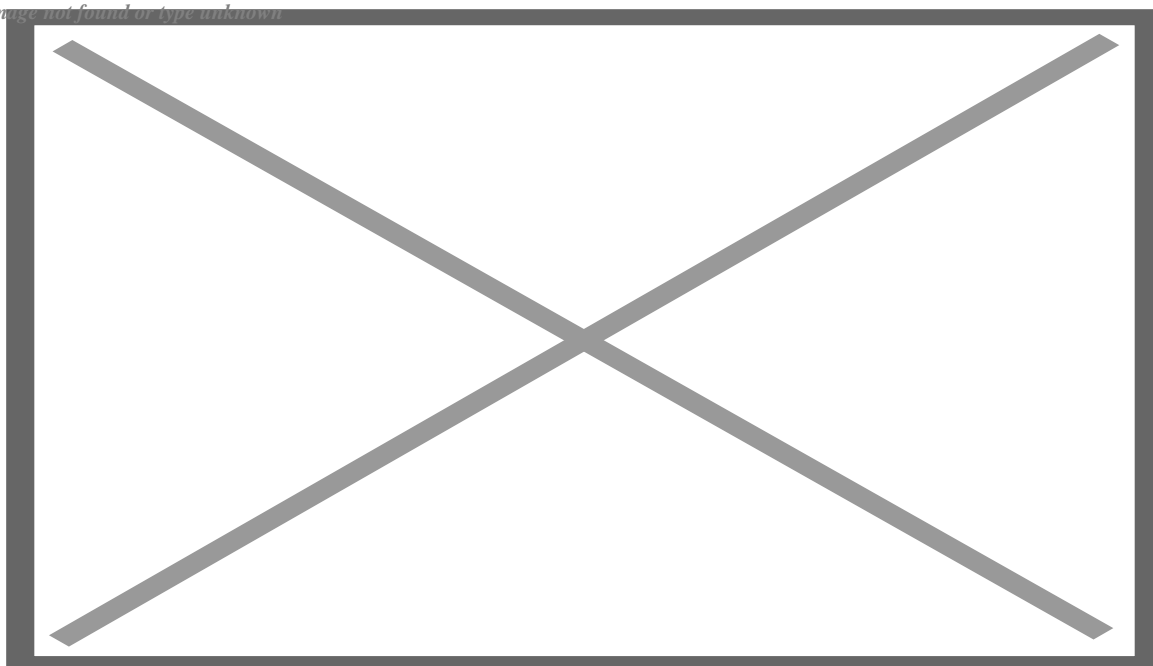


# *Cuba's Carlos Daniel Ramos shines in the Pan American Diving Championship*

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**Carlos Daniel Ramos**

Havana, February 27 (JIT) - Cuban divers had an excellent performance at the Pan American Championships held in Mexico, winning a gold medal with Carlos Daniel Ramos and three bronze medals.

Ramos had a dream competition from the platform, scoring the best score of his life with 515.30 units.

"With that accumulated score you win a top level competition, even a world leader. She did everything right, most of her jumps received scores of 9.5 and 10 points. It was spectacular," national diving commissioner Milagros Gonzalez told JIT from JIT headquarters.

Carlos Daniel was especially precise in the execution of the three and a half backflips (3.3 degrees of difficulty), which merited five 10-point marks among the seven judges of the competition.

Winner of the platform in the I Pan American Junior Games of Cali 2021 and finalist in the world competition of Budapest 2022 as a partner of Luis Gustavo Cañabate in the synchronized platform, the capital is on his way to becoming the main male figure of this sport on the Island.

Behind him were Mexico's Jose Diego Balleza (484.85) and Canada's Nathan Zsombor-Murray (473.50). In seventh place was also Cuban Jesús Rodríguez (364.40), recently graduated from the youth ranks, whose performance was also praised by the Cuban board of directors. From his perspective, the most relevant aspect was that "he withstood the pressure while facing much more experienced divers".

Shortly before that, there was a competition in the women's 3-meter springboard, but without Cuban protagonism, as Anisley García and Prisis Leidy Ruiz were left out of the medal division.

Anisley took sixth place with 271.90 points and her teammate followed her with 241.90 points. Canada's Pamela Ware (333.75) and Margo Erlam (304.40) took the gold and bronze medals, in that order, with Mexico's Arantxa Chavez (327.60) on the middle step of the podium.

Cuba had earlier enjoyed bronze medals from Anisley in the platform, Laydel Dominguez in the springboard from three meters and Prisis Leidy from one meter.

"We are very happy with what we consider a triumph of all", ratified Milagros before remembering that this competition defined the qualification to the Pan American Games of Santiago 2023.

Although it will be necessary to wait for the official confirmation of the places, Cuba has secure quotas in all the modalities. In addition, these results contributed points for the ranking that will govern the distribution of tickets for the Central American and Caribbean Games of San Salvador 2023.

In the Aztec event, only individual events were held and exponents from 10 countries participated. The hosts dominated the event with two gold medals and five silver medals. They were followed by representatives from Canada (2-1-3) and Cuba (1-0-3).

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