

# *Ryan Crouser improves world record in the shot put*

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**Crouser in the shot put**

Havana, May 29 (RHC) - American Ryan Crouser, two-time Olympic champion in the shot put, continued to prove that he is the best shot putter in history by improving the world record in Los Angeles (USA) with 23.56 meters.

Crouser, also reigning world champion, improved by 19 cm the previous record, also held by him since 2021 with 23.37.

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<https://www.radiohc.cu/en/noticias/deportes/324020-ryan-crouser-improves-world-record-in-the-shot-put>



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