

Three crowns for Argote in Weightlifting Grand Prix



Osmel Argote

Havana, June 9 (JIT).- Cuba's Osmel Argote (55 kg) won three gold medals on the first day of the Havana 2023 Weightlifting Grand Prix, held at the Pabexpo fairgrounds.

Argote lifted 98 kilograms in snatch and 124 kg in deadlift for a biathlon of 224 kg, impossible to reach by his only opponent, Guatemalan José Fernando Ical, who had to settle for silver in all three events.

"The 55 kg division is not going to the Paris 2024 Olympic Games, but this tournament has been very useful for the Central American and Caribbean Games of San Salvador 2023," he said. San Salvador 2023," she said.

This Friday the 61 kg division will be disputed, in which the Cuban Raibet Machado will be and in the women's 49 will be Thalia Castillo.



Radio Habana Cuba