Havana One Of 10 World's Healthiest Cities

New York, Oct 6, (RHC), – Havana's 100 percent vaccination rate, part of a comprehensive disease prevention strategy puts it on CNN's list of healthiest cities in the world.

This was revealed by a recent report by CNN news network, which studied the cause of healthy living in the world's biggest cities to determine the 10 Healthiest Cities in the World.

"A truly healthy city makes it easy for residents to adopt a healthful lifestyle, whether it is by providing quality health care, encouraging preventative medicine or reducing air pollution,'' CNN wrote in its story. "These cities top our list because they shine in one or more areas of good health."

CNN sent request for healthful living information from major cities around the globe and chose 10 from their responses.

The Cuban capital comes in eight place in a list topped by the capital of Denmark, Copenhagen.

Havana has the merit of being the only city form a developiong nation in the list, which includes the likes of Okinawa, Japan, Monte Carlo, Principality of Monaco, Vancouver, Canada, Melbourne, Australia, New York and Napa, the United States, Jonkoping, Sweden, and Singapore.

"Havana, - reads the CNN study -, is one of the healthiest cities in the world. Because the government concentrates on prevention of disease rather than treatment. The country has a near 100 percent vaccination rate and an extensive network of local clinics. Medical school is free in Cuba, and the country trains more doctors than any other Latin American country."

---

https://www.radiohc.cu/en/noticias/nacionales/35596-havana-one-of-10-worlds-healthiest-cities

Radio Habana Cuba