

The Pan American Youth Weightlifting Championship is about to begin



Pan American Youth Weightlifting Championship

Havana, Mar 10 (JIT) - The men in the 60-kilogram division will be in charge of breaking the ice at the start of the Pan American Youth Weightlifting Championship, which begins in just over 24 hours in this capital.

According to the preliminary schedule released by the organizers, the medal competition will be followed by the official opening ceremony of the competition, and shortly thereafter, three other weight categories will be contested.

The girls will define the podium in 48 and 53 kg, and the boys will compete in 65 kg.

The rest of the divisions are 71, 79, 88, 98, 100, and +110 kilograms for men. The women will also compete in 58, 63, 69, 77, 86, and +86 kilograms.

The best junior weightlifters of the continent will go to the Manuel Suarez Fernandez gymnasium not only in search of medals but also for the qualification to the Junior Pan American Games of Asuncion 2025.

Cuba will present a squad made up of eight girls and an equal number of boys, and the aspiration of achieving the maximum of three quotas per sex to which each country can access.

The Pan American competition will conclude next Saturday, March 15.

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